

Codebreakers RETREAT

Day 1 - February 24, 2025

8:30 AM - Arrival & Coffee at The Cliffs at Keowee Springs

8:55 - Mark, Sean, Garrett & Rob Welcome & Intro

9:00 - *Dr. Raymond Prior: Growth Mindset*

12:00 - Break for Lunch

12:45 - *Codebreakers*

1:15 - *Helix Golf Institute on Frame Shape and Force Production*

4:15 - Round Table Discussion

5:00 - End of Day

Day 2 - February 25, 2025

8:30 AM - Arrival & Coffee at The Cliffs at Keowee Springs

8:55 - Mark, Sean, Garrett & Rob Welcome & Intro

9:00 - *Helix Golf Institute: Coaching Interventions*

12:00 - Break for Lunch

12:45 - *Codebreakers*

1:15 - *Dr. Raymond Prior: Q&A*

4:15 - Round Table Discussion

5:00 - End of Day

